



STUDENT HANDBOOK

2022-2023



CONTACT INFORMATION

Paul J. Wolanin, MA, CADC, CCS

Clinical Program Manager–SUD Services pwolanin@wellspringlutheran.com

Michele Baldori, LLMSW, CPRC

Substance Use Disorder Treatment & Recovery Specialist mbaldori@wellspringlutheran.com

989.205.8424

248.914.6323

well spring a cade my. com



248.752.0948 info@wellspringacademy.com

ACADEMIC PARTNER



FUNDING PROVIDED BY





CONTENTS

Our Mission	5
Program Requirements	6
Academic Information	
Daily Schedule	7
Program Components	
Recovery Staff	8
MIPS Mentor	8
Daily Afternoon Check-In	8
Recovery & Life Skills Curriculum	8
Attendance	
Attendance Policies & Procedures	10
Activity Attendance Requirements	10
Excused Absences & Tardy	10
Vacation	10
Rules and Expectations	
Commitment to Sobriety	11
Violence	11
Weapons	11
Possession or Sale of Drugs or Illegal Substances	11
Harassment, Sexual Harassment & Language	
Respect	
Disagreements & Dissenting Opinions	
Phone, Internet & Social Media Policies	12
General Information	
Property	14
Smoking, Vaping & Other Nicotine and Tobacco Products	14
Gambling	14
Dress Code	14

well spring a cade my. com

Medication	15
Asthma Inhalers & Epipens	15
Acceptable Internet Use Policy	15
Internet User Guidelines	16
Discipline	
Expectations For a Safe School Environment	17
Zero Tolerance Policy	17
Disciplinary Procedures	17
Mediation	19
Relapse Policy	
In Cases of Suspected or Confirmed Relapse	20
Self-Reported Relapse	20
Commitment to 12-Step Recovery (or other pathway)	21
Behavioral Indicators & Expectations for Students	22
Wellspring Academy Student & Parent Contract	24

OUR MISSION

To provide a safe, sober, and supportive environment in which youth in recovery can develop the skills and strengths needed for personal, academic, vocational, and community success.

As an educational and recovery community, the staff and students at Wellspring Academy value:

Learning

We are committed to growth and discovery, both academic and personal.

The Recovery Journey

We understand that each individual experiences recovery in a different way; we respect personal anonymity and one's right to choose their own path, so long as it meets the requirements for admittance to Wellspring Academy.

Respect

We respect and care for ourselves, each other, and our environment.

Diversity

We celebrate our different learning styles, life experiences, family backgrounds, relationship choices, cultures, strengths, and challenges.

Accountability

We take responsibility for our safety, our actions, our education, and our future.

Hope

We recognize the potential in each of us to achieve success and happiness.

Wellspring Academy partners with Michigan International Prep School (MIPS), a free K-12 online school to provide an individualized educational experience. Dedicated mentors work closely with students to design a unique learning experience. In addition, MIPS offers specialized learning pathways for students who want to earn college credit or focus on subjects like music, art, theatre, or cyber security. We keep our students engaged in their recovery and education through connection, personalized learning, and flexibility.

PROGRAM REQUIREMENTS*

Wellspring Academy is a recovery and learning environment. All students must demonstrate commitment to both their education and their ongoing recoveryoriented activities.

- To enroll in Wellspring Academy, prospective students must abstain from substance use.
 Monitored drug tests are required and will be administered at the discretion of Wellspring Academy staff.
- Students are required to actively maintain their recovery (remain abstinent from all psychoactive substances) while attending Wellspring Academy.
- All enrolled students must work with the Wellspring Academy Recovery Staff to develop an
 individualized Recovery Plan. In the event of relapse, the Recovery Plan may be revised to
 provide increased support for the student. This may include, but is not limited to, referral(s) to a
 higher level of care or other treatment professionals.
- Students must participate fully in substance use recovery programming offered at Wellspring Academy.
- Students must attend a minimum of 2 self-help (e.g., AA, NA, other 12-step groups, Celebrate Recovery, Refuge Recovery, etc.) meetings per week. Recovery coaches will help students formulate a plan to meet their individual needs in this area.
- To attend Wellspring Academy, students must be in good health. The building is accessible, and we are committed to providing reasonable accommodation for anyone with a disability.
 Personal care attendants are required to follow all the policies of Wellspring Academy.
- Prospective students are expected to answer all questions honestly during the intake process.
 This will enable staff to work most effectively with applicants while awaiting enrollment decisions.
- All Wellspring Academy students are expected to "suit up and show up" for all programming
 as determined by Academy staff. In the event of illness or family emergency, Wellspring staff
 will work with the student and their family to ensure compliance (abstinence from substances,
 meeting attendance, keeping up with schoolwork) during their absence. See our expanded
 attendance requirements later in this handbook.

*These policies and procedures are specific to Wellspring Academy and its campus, students must also follow Michigan International Prep School's policies and procedures.

ACADEMIC INFORMATION

Daily Schedule

To be maximally helpful to our at-risk student body, we employ consistency, structure, and routine daily, as follows:

9:30 am-12:30 pm	Students arrive prepared to engage in learning. During the first three hours of the day, students will work on their IEP with help from the onsite MIPS mentor.
12:30 pm-1:30 pm	Lunch/free time
1:30 pm- 2:30 pm	Daily check-in, recovery/life skills didactic
2:30 pm-3:30 pm	Group (process or topic)
3:30 pm	Students dismissed for the day

PROGRAM COMPONENTS

Recovery Staff

The Treatment and Recovery Specialist serves as the point-person for all recovery related issues including outside recovery work, drug-testing, relapse response, & monthly recovery meetings. Students meet with their Recovery Coach on a regular basis to monitor progress toward graduation and post-graduation goals.

MIPS Academic Mentor

The MIPS Academic Mentor serves as the point-person for academic and learning activities. They assist the student with their educational goals and establish a plan to accomplish academic goals.

Daily Afternoon Check-In

Each Monday, the first half of the check-in focuses on upcoming school scheduling and peer-to-peer sharing. The second half of the meeting is a time for students to review their academic standing using your Academic Mentor's monitoring system and to discuss questions with your Academic Mentor. For the remainder of the school week (Tuesday-Friday), morning check-ins will serve as a space for students to talk about any specific issues, reflect on the previous day, or reduce anxieties that may get in the way of their current school day. Morning check-ins are mandatory.

Recovery & Life Skills Curriculum

Wellspring Academy maintains a highly trained staff to assist students in meeting their recovery, academic, and life goals. Students will participate in an intensive, 12-week (rotating) curriculum aimed to provide them with the skills to help achieve their goals while maintaining a recovering lifestyle. Below is a sampling of curriculum topics, which may be amended based on student needs.

- Understanding emotions and emotional regulation
- Thinking patterns (CBT based)
- Thought/emotion/behavior/outcome matrix
- 12-step introduction
- Alternative pathways (Refuge Recovery, SMART, CR, etc.)
- Spirituality and recovery
- Hygiene (cognitive/emotional/physical)
- Relationships and communication
- Vocational and career items

- SUD education (testing)
- Internet addiction and safety
- Setting boundaries (could be included in Relational discussions)
- Goal setting (short and long term)
- Spot check-ins (SEMP Spiritual/emotional/mental/physical)
- Autonomy
- Recovery and advocacy
- Finding and maintaining balance

ATTENDANCE

Attendance Policies & Procedures

Students must notify Wellspring Academy staff of any planned absences or tardy at least 24 hours in advance by calling 248.752.0948.

If a student is sick and unable to attend school due to any unforeseen circumstance, he/she (or his/her parent or guardian) must notify Wellspring Academy staff as soon as possible.

Activity Attendance Requirements

- Students may not exceed 5 unexcused absences per quarter.
- Students may not exceed 10 absences total from activities each quarter. Extenuating medical circumstances will be considered.
- If a student exceeds allowed absences in a quarter, they will meet with Wellspring Academy and MIPS staff to review and determine eligibility.
- Attendance will be taken for each activity regardless of the reason for the absence.

Excused Absences & Tardy

- The student has an emergency doctor's appointment that cannot be scheduled during non-school hours (student must present an official doctor's note to verify).
- Student has a doctor-verified illness or injury that prevents him/her from attending services (student must present an official doctor's note to verify).
- Student has a court appointment that cannot be scheduled during non-school hours (student must present an official note or summons from the court to verify).
- Student is absent due to a verifiable family crisis (e.g., a death in the immediate family).

Vacation

Please schedule all vacations during the MIPS regularly scheduled school breaks or at the end of academic year. Requests for exceptions must be submitted to the Program Manager.

10

RULES AND EXPECTATIONS

Wellspring Academy has policies and procedures in place to ensure that the campus and programs remain a safe place that fosters education, produces productive members of society, and maintains a positive recovery culture. Wellspring Academy is dedicated to treating its students as adults and allowing them to determine their own futures. Failure to comply with the following basic rules and expectations will be handled with the appropriate disciplinary action.

Commitment to Sobriety

All students who enroll in Wellspring Academy must be committed to and participate in an ongoing recovery program. Each student will develop an individualized recovery plan, and recovery coaches will work to help the students achieve their personalized recovery goals. As part of this policy, once students are enrolled, they will also be tested randomly as well as upon reasonable suspicion of relapse. Additionally, all students must be willing to participate in all recovery-based activities included as part of the program model. Should a student relapse, Wellspring Academy recovery coaches will work with the student and their family to re-establish recovery, which may include referrals to a high level of care (detox, residential treatment, intensive outpatient therapy, or other supports).

Violence

Acts of violence, violent confrontations and/or threats of violence will not be tolerated by Wellspring Academy students. Violence among students in any form in any setting will lead to termination from the program. We believe that however difficult, peaceful resolution to conflict can and must be utilized.

Weapons

Any student in possession of a firearm will be automatically terminated from the program in accordance with public school regulations. Any other weapons or objects intended for use as weapons will be confiscated by staff and result in appropriate disciplinary action as determined on a case-by-case basis. In addition, any necessary law enforcement, court officials or guardians may be notified.

Possession or Sale of Drugs or Illegal Substances

The possession of or sale of illegal substances at Wellspring Academy is prohibited. Strong circumstantial evidence of the possession or sale of drugs is grounds for disciplinary action including, but not limited to, suspension and/or a referral to a higher level of care.

Harassment, Sexual Harassment & Language

Harassment of any kind will not be tolerated at Wellspring Academy. Sexual harassment consists of unwanted and unwelcome sexual attention including but not limited to looks, gestures, comments, texts, jokes, physical contact, and requests. This includes any harassment using social media platforms. If any student or staff member feels they are being harassed, they should label it as such, demand that it stops immediately, and discuss the incident with a Wellspring Academy or MIPS staff person. Students or staff members who perpetrate harassment will be subject to disciplinary and/or legal action.

We understand that students will often push the boundaries of what is appropriate language. Wellspring Academy staff will continually redirect inappropriate language pertaining to inappropriate sexual topics, sexual orientation, gender identity, or other potentially derogatory and demeaning language. We pride ourselves in being an inclusive place to learn, grow, and be challenged. We want to be part of shaping our students' futures and will take every available opportunity to do so. We view life, and recovery, as learning opportunities. In those cases where redirection and teaching moments prove ineffective, Wellspring Academy reserves the right to take appropriate disciplinary action.

Respect

At Wellspring Academy, we believe that everyone has a great deal to offer each other and the world beyond our school. Education is important in enabling students to achieve their potential. Staff are committed to helping students learn, grow, and become successful, well-adjusted adults. This process can only take place in an atmosphere of respect. We expect students and staff to always show respect for themselves and others. In addition, at Wellspring Academy, we expect students to show respect for each other's sober lifestyle choices: recovery, academic, sexual orientation, leisure, family, financial, and future.

Disagreements & Dissenting Opinions

Disagreement is both healthy and inevitable. Differing opinions are both encouraged and allowed at Wellspring Academy. Everyone in the community should feel secure to voice their opinions appropriately without fear of scorn or retribution. Disagreements are to be handled in a respectful manner and at a mutually agreed upon time and place.

Phone, Internet & Social Media Policies

(for more details, see the Internet User Guidelines section)

Out of respect for fellow students and families, Wellspring Academy asks that interactions with other students or family members during any Wellspring Academy scheduled activities not be recorded, photographed or posted on any social media site. Confidentiality and respect for all our students is of the highest importance. Violations will be taken seriously and addressed on a case-by-case basis and based on the severity of the offense.

Students must surrender their cellphones when the academic portion of the day begins. They may

access their cellphone during lunch break and will surrender it again for the afternoon treatment and recovery sessions. In the event of an emergency students may be reached by calling Wellspring Academy directly at 248.752.0948.

Students are not permitted to view pornography, engage in online gambling, promote or engage in hate speech, or other inappropriate activities while in school. Wellspring Academy staff reserve the right to monitor how students utilize their cellphones, and students may be asked to surrender their devices should they become problematic or create a distraction.

GENERAL INFORMATION

Property

All students at Wellspring Academy are expected to help maintain the upkeep and appearance of the campus. Trash must be disposed of appropriately. Vandalism or destruction of Wellspring Academy property will not be tolerated. Graffiti is prohibited. Violators will be responsible for repairs and removal of graffiti and will be subject to disciplinary and/or legal action.

Smoking, Vaping & Other Nicotine and Tobacco Products

Wellspring Academy has a zero-tolerance policy regarding the use of nicotine and tobacco products. The possession or use of smoking, vaping, or any nicotine or tobacco product is prohibited throughout the entire campus. The afore mentioned products may not be possessed or used on campus even if the student is of legal age to consume such products. Students may be randomly searched to ensure compliance. Should any of the mentioned products be a) found on a student; or b) found to have been used on campus, the product or device will be confiscated. Students will receive up to three warnings for the possession and/or use of these products. Should the problem persist, appropriate disciplinary action will be taken, up to and including expulsion from Wellspring Academy. Students are also subject to local ordinances regarding tobacco use.

Gambling

Gambling in any form is prohibited on school premises. This is included but not limited to gambling over cards, sports, or any other games. Items like scratch tickets should not be visible in the building at any time. Our gambling policy includes online gambling (see phone, internet, and social media policies under "Rules and Expectations" above).

Dress Code

Students should consider the following questions when dressing for school:

- Does my clothing expose too much?
- Does my clothing advertise something that is prohibited to minors?
- Are there obscene, profane, drug-related, gang-related, or inflammatory messages on my clothing?

If you answer yes to any of these questions please change your attire.

If a student has selected a manner of appearance that is beyond mere freedom of expression and disrupts the educational process or presents themselves as a risk to themselves or others, they will be asked to change into appropriate attire. Should the student refuse, or if the issue persists, the student may be removed from campus. Clothing that advertises topics/objects which are illegal or unsafe are not acceptable at school. Clothing that advertises alcohol or other illegal substances is

not allowed. Students are expected to come to school well groomed and dressed appropriately for the weather. Shoes and sandals must always be worn.

Medication

Parents may authorize the school to administer a non prescribed medication using the Medication Permission and Authorization form. A physician does not have to authorize such medication. The parent may also authorize on the form that their child may:

- Self-administer the medication.
- Keep the medication in his/her possession.

In those circumstances where a student must take prescribed medication during the school day, the following guidelines are to be observed:

- Parents/guardians should, with their physician's counsel, determine whether the medication schedule can be adjusted to avoid administering medication during school hours.
- Parent/guardian must complete the Medication Permission and Authorization form that details
 the time and dosage of medication and submit the note and medication to the Treatment and
 Recovery Specialist.
- Any unused medication unclaimed by the parent will be destroyed by school personnel when a
 prescription is no longer to be administered or at the end of a school year.
- The parents shall have sole responsibility to instruct their child to take the medication at the scheduled time, and the child has the responsibility for both presenting himself/herself on time and for taking the prescribed medication.

Asthma Inhalers & Epipens

Students, with appropriate written permission from the physician and parent, may possess and use a metered dose inhaler or dry powder inhaler to alleviate asthmatic symptoms. Epinephrine (Epipen) is administered only in accordance with a written medication administration plan developed by the school principal and updated annually.

If a student is found using or possessing a non prescribed medication without parent authorization, the parents will be contacted for authorization. The medication will be confiscated until written authorization is received.

Any student who distributes a medication of any kind to another student or is found to possess a medication other than the one authorized is in violation of the school's Rules and Expectations and will be disciplined in accordance with the Disciplinary Procedures.

Acceptable Internet Use Policy

The internet is an open system that contains material that may be inappropriate, offensive,

or objectionable. We ask for your assistance in encouraging our students to use the internet responsibly. Student use of the internet is to be conducted under staff supervision when possible. Staff members are not, however, able to monitor student computer use at every moment. Wellspring Academy expects that its students will always use the internet in a responsible manner.

While the benefits of Internet access are enormous, it is important for students to realize there is no guarantee the information they obtain is accurate. Users must use good judgment in determining the reliability of web site content. The use of the internet is a privilege, not a right, and inappropriate use will result in a cancellation of those privileges. Student internet browser history is monitored by Michigan International Prep School. When using the internet, students are expected to follow the guidelines outlined below as well as all directions given orally by staff.

Internet User Guidelines

- Students' use of the Internet must be in support of education and research consistent with the objectives of Wellspring Academy.
- Students may not post personal information to the internet (e.g., home address, telephone number, name and location of their school) without the permission of a staff member.
- Students are prohibited from creating online content containing any prejudicial, harassing, threatening, obscene or hateful language or images.
- Students are prohibited from using the internet to access or process pornographic material or web site content that promotes illegal activity
- Students may not use the internet to access content that lacks educational value.
- If a student accesses any material that he/she feels is not appropriate or that makes him/her feel uncomfortable, he/she should immediately tell a staff member.
- Student internet use is not private and is monitored by staff. Suspected use of the internet for Illegal activities will be reported to appropriate authorities.
- Plagiarism is the taking of material created by others and presenting it as if it were one's own. The use of internet content for plagiarism is prohibited.
- Students may not use the internet for commercial purposes, product advertisement or political lobbying. Products or services may not be purchased or offered.
- Students and their parents/guardians will be held responsible for any liabilities stemming from such unauthorized uses of the Internet.
- Students may not use the Internet for illegal purposes or for the support of illegal activities.
- Student use of the Internet must not serve to disrupt its use by other individuals or connecting networks.
- All passwords shall be kept confidential by the user and may not be shared or displayed. Individual users shall be responsible for the proper use of accounts issued in their name.
- Students who violate administrative procedures related to internet use will be subject to suspension or termination of system/network privileges and will be subject to appropriate disciplinary action and/or prosecution.

DISCIPLINE

Wellspring Academy and MIPS staff are invested in your success and endeavors to see you make progress toward your goals and earn your diploma. It is therefore necessary that we all approach the school/community with a high level of responsibility and respect for each other.

Expectations For a Safe School Environment

All students and staff are expected to act responsibly and respectfully and to follow these guidelines to maintain the safety of our school environment:

- Treat all individuals with respect
- Refrain from behavior that interrupts the learning process
- Complete all assignments honestly
- Participate positively in all activities

Zero Tolerance Policy

The following behaviors can lead to suspension or expulsion from Wellspring Academy. The Program Manager will conduct an investigation and make a recommendation following the disciplinary procedures outlined below.

- Using racial or ethnic slurs or obscene language
- Verbal abuse of staff or other students
- Physical fighting or attempting to provoke fighting
- Threats of violence or intimidation of others
- Failure to leave class when asked to do so by a staff member
- Possession of a weapon
- Possession of illegal drugs and/or paraphernalia
- Sale of drugs and/or alcohol to another Wellspring Academy student (on or off campus)
- Physical or sexual assault perpetrated on another Wellspring Academy student (on or off school property)
- Repeated possession of nicotine or tobacco products

Disciplinary Procedures

To promote fairness, respect, and learning in our school community, if a student exhibits unacceptable school behavior the following process will be followed:

Verbal Redirection

A staff member identifies the offending behavior and verbally redirects the student.

Verbal Warning

If an identified behavior continues, a staff member clearly indicates to a student that he/she has received a "verbal warning" as a result of the offending behavior.

Written Warnings

If the behavior continues the student is issued a written warning:

1st Written Warning

Student will meet with a staff member to discuss the incident that resulted in a written warning.

2nd Written Warning

Student meets with a staff member to discuss the incident that resulted in a 2nd written warning. The student's parent/guardian is notified.

3rd Written Warning

Student will meet with a staff member to discuss the incident that resulted in a 3rd written warning. The student's parent or guardian will be notified. Student will serve a one-day suspension.

Removal from Wellspring Academy Campus

If a student's behavior is considered disruptive at any point, they may be asked to leave. When this request is made by a staff member, the student may be asked to work in the library or hallway until the situation deescalates or the student is asked to leave campus for the day.

Suspension

A suspended student along with his/her guardians will be required to meet with the Program Manager, Treatment and Recovery Specialist, Academic Mentor, and other appropriate Wellspring Academy Staff before he or she can be considered for reinstatement. A decision will be made on the student's school status following the conference based on the seriousness of the offense and the ability of the student to accept responsibility for his/her actions. A behavioral contract may be required as a condition of reinstatement. If any student is suspended three times in one quarter, he/she may be considered for termination.

Termination

If a student is terminated from Wellspring Academy for any reason, he/she may reapply for admittance to the following school year. Re-enrollment decisions will be made by Wellspring Academy's administrative team.

Some examples of unacceptable behaviors:

- Use of personal devices/cell phones without staff permission
- Refusal to participate or withdrawal from activities

- Repeated unexcused absences and tardiness to school or class
- Making written or verbal statements or drawings advocating substance use
- Making distracting, negative or hurtful comments or arguing with peers or staff
- Provoking negative behavior among fellow students
- Sleeping or appearing to sleep in class
- Using Wellspring Academy computers without permission
- Leaving the classroom or school grounds without permission from a staff member
- Cheating / plagiarism
- Destruction or defacing of school property or the property of peers
- Habitual lying

*Wellspring Academy reserves the right to include other possible violations and disciplinary actions, when necessary, at the discretion of program staff.

Mediation

Conflicts between students or students and staff are resolved at mediation meetings. These meetings are facilitated by Wellspring Academy staff, and may include a member of the administrative team, if requested. During the meeting, all parties involved in the conflict can calmly share their perspective. In turn, both parties are asked to listen respectfully to others' points of view. A student may not return to class until a reasonable solution has been reached. Students are encouraged to request a mediation meeting before disagreement escalates into a disciplinary matter.

RELAPSE POLICY

Wellspring Academy recognizes that persons with a substance use disorder diagnosis exhibit behaviors which have been understood to signal relapse, lead to relapse, and/or signal an unwillingness to pursue an education at Wellspring Academy. These behaviors can include lying, manipulation, rationalizing and justifying, excessive tardiness, sleeping at school, excessive absences, not completing schoolwork, and disrespect toward school staff, peers, and school policies. These relapse behaviors can be used as grounds for enactment of the relapse policy.

Certain checks, including random drug screens, can be established to monitor student sobriety and will be used in conjunction with staff observation of relapse behaviors to assist in laying the groundwork for long-term recovery. A student's family will be responsible for the cost of any requested or random test not covered by his/her insurance.

In Cases of Suspected or Confirmed Relapse

The student's parent or guardian will be notified immediately and is required to attend a meeting with their child and school staff within one school day to determine how to best support the student's recovery going forward

Recovery is considered the priority for all Wellspring Academy students. Post relapse action plans will vary based on individual circumstances, but all relapsed students will be absent from the school community for the appropriate treatment (15 days/30 days/90 days, or longer), as deemed necessary by Wellspring Academy staff or other recovery professional(s).

Any student who is removed from Wellspring Academy due to severe relapse will be subject to a relapse/re-entry contract upon their return to school as well as a revised recovery plan that may include an increase in the frequency of drug testing, verification of meeting attendance, and/or changes to outside therapy/counseling routines

Any student who is removed from Wellspring Academy due to relapse who is in good academic standing will be counted as constructively present and may be provided coursework during treatment.

Self-Reported Relapse

Honesty is valued at Wellspring Academy. While we do recognize relapse as a need for a more intensive or varied recovery approach, we are also able to support students who self-report relapse to return to Wellspring Academy sooner unless it is determined that to do so would jeopardize the safety of the student or the recovery community.

COMMITMENT TO 12-STEP RECOVERY (or other pathway)

All students must adhere to the following guidelines:

- Maintain abstinence from drug and alcohol use
- Work a Twelve Step (A.A., N.A., or other appropriate self-help) program, which includes doing step-work with a sponsor and attending support meetings outside of school.
- Attend at least two meetings per week
- Obtain a sponsor if he/she does not already have one and maintain regular contact with this person.
- Report his/her own relapse and/or the relapse of any fellow student to a recovery coach or academic mentor immediately so that he/she/they may receive help and support.
- Additional guidelines applicable to some students
- Students come to Wellspring Academy at various stages of recovery, and some have not yet been
 exposed to recovery-oriented models of support. As such, students may be asked to attend more
 than two meetings per week depending on their stage of recovery as determined by the student, the
 school, and other representatives for the student.
- Some students may also be asked to receive more frequent drug tests during their first month of attendance. This will be determined on a case-by-case basis.

BEHAVIORAL INDICATORS & EXPECTATIONS FOR STUDENTS

Be Prepared

- Be on time for school, courses, and returning from lunch
- Bring materials for course(s)
- Dress appropriately

Be Positive

- Please say hello and goodbye
- Take redirection & feedback quickly and positively
- Avoid saying "I can't"
- Participate to the best of your abilities in course and school activities
- Give new things a chance
- Complaining undermines a positive environment
- Express a desire to be in the school community and course

Be Productive

- Complete homework and course work on a timely basis
- Remain engaged in course(s) until the teacher or mentor dismisses students
- Meet your deadlines: both in school and recovery
- Cut outside conversations
- Make up any work you miss
- Do not sleep at school (Be awake and alert)
- Choose your battles
- Participate in individual and group assignments

Be Polite

- Follow the "Golden Rule": speak to staff and other students respectfully and as you would like to be treated
- Respect each other and personal space
- Use appropriate language

- Respect our school community, property, and space
- Keep your feet on the floor
- · Clean-up after self
- Put downs of others are not acceptable
- Always show good sportsmanship
- Express opinions politely and without judgment
- Honor the differences we bring (no racist/sexist/homophobic language)

Be Personally Responsible & Accountable

- Control your physical, emotional, and/or verbal self
- Take ownership of your behaviors and actions
- Be accountable for your part in a conflict
- Be positive. If you can't, at the very least, don't be negative
- Follow your outside plan of recovery
- Bring group issues to group
- No drug talk or war stories when it's not appropriate.

If you are having trouble in any area of your educational or personal life, please don't keep it a secret. Talk with the Wellspring Academy staff. Our goal is to help you reach your goals.

We hope that the information presented in this handbook will be helpful to you in the coming months. We look forward to seeing you achieve your goals as part of Wellspring Academy.



STUDENT & PARENT CONTRACT

HANDBOOK ACKNOWLEDGMENT

By signing this agreement, the student and parent or guardian verifies they have read and will abide by and support the rules, expectations, agreements and mission within the Student Handbook.

STUDENT BEHAVIOR

Wellspring Academy staff will make every reasonable effort to assist the students in correcting inappropriate or harmful behavior which puts themselves, others or Wellspring Academy at risk.

CORRECTIVE ACTION

A safe and inclusive recovery and learning environment will be maintained at all times; any misconduct, or failure to follow the rules of Wellspring Academy, will result in corrective or disciplinary action outlined in this document.

Student Signature	Date
Parent Signature	Date
Wellspring Academy Signature	Date



28000 W. 9 Mile Rd. Farmington Hills, MI 48336

248.752.0948 info@wellspringacademy.com